



#### FAIRFIELD. Creating Better Living for Better Lives

The programs at Villages at Marley Station are provided in partnership with Community Services Foundation (CSF) and Fairfield Residential.

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VOL. 1 ISSUE 12 • DECEMBER 2024

## THE CSF MONTHLY AT VILLAGES AT MARLEY STATION

Official Newsletter of Community Services Foundation



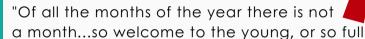
**Assistant Regional Manager** Ana De La Rosa Pena

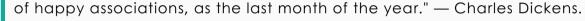


**Site Coordinator**Zian Mukom

**E-Mail:** programs@csfnd.org | **Phone:** (301) 925-4251

#### Letter from the Program Director Written by John Mensah







Our After-School Program, designed to support youth and teens academically and socially, is now open for enrollment. With limited spaces available, we encourage families to register their children early to secure their spot and avoid the waitlist.

For adults and seniors, we have launched a series of online programs focused on personal growth and well-being. These include career readiness workshops, financial literacy sessions, and health and wellness classes, all aimed at empowering participants and enhancing their quality of life.

All programs are offered free of charge, thanks to our collaboration with the apartment community, making the community center a hub for valuable resources and services. We welcome resident feedback and suggestions to help us better serve the community. Residents can contact us at 301-925-4251 or email <a href="mailto:programs@csfnd.org">programs@csfnd.org</a> with any inquiries or ideas. Please be on the lookout for our Site coordinator and Outreach team, who will be around to conduct surveys to enable us to tailor our programs to your needs and satisfaction.

We are excited to establish a meaningful presence in your community and look forward to positively impacting and enhancing all residents' lives.



#### **Parent Meeting:** December 18 at 6:15 PM

#### Important Closures and Early Departure Dates:

- December 11: Office Closed
- December 23: Office Closes at 2:00 PM
- December 24: Holiday Day Before Christmas
- December 25: Holiday Christmas Day
- December 31: Early Closure Office Closes at 2:00 PM
- January 1, 2025: Holiday Office Closed
- January 20, 2025: Martin Luther King Jr. Day

#### **Community Manager Message**

Dear Residents,

#### **Annual Certifications and Lease Renewals**

Residents are reminded to visit the management office promptly when notified to complete their tax credit certifications, annual recertifications, and lease renewals.

#### **Renovation Announcement**

We're excited to announce that renovations will begin in February 2025! Housing to Home, in partnership with The Villages at Marley Station, will oversee the relocation process. Details will be shared soon, and Housing to Home will contact residents directly with updates.

#### **Relocation Process Contacts**

The relocation process will be managed exclusively by:

- Angela Nicholson
- Wanda Rivera

Our management office will not handle relocation inquiries or requests. Please ensure your contact information is up to date to facilitate communication. Housing to Home Contact Information:

• Location: 7850 Bruton, Apt. B

• Phone: 443-771-0009

#### **Community Coordination Update**

We are pleased to announce that the Community Services Foundation (CSF) will serve as our community coordinators moving forward. CSF will be providing services and programs to enhance the community experience. We encourage residents and organizations to collaborate with CSF and share any additional services or programs that could benefit our community.

#### **Adult & Senior Education Updates**

Written by Tiffani Grier

Our adult education classes remain a vital resource, empowering community members with new skills and knowledge through flexible daytime and evening sessions. Please join us for extra guidance during this holiday season.

Whether you're looking to learn a new skill, stay fit, or simply connect with others, we have something for everyone. These classes are a great way to meet fellow residents, learn something new, and have fun from the comfort of your home! Feel free to invite friends and family members to join us in these exciting opportunities.



Monday - Thursday Zoom

Meeting ID:

815 157 8441

Passcode: **760960** 

### CSF'S ADULT & SENIOR EDUCATION SCHEDULE

	10 - 11 A.M	11 A.M 12 P.M.	7-8 P.M.
MONDAY	Financial Literacy	Health & Wellness	ESOL
TUESDAY			Health & Wellness
WEDNESDAY	Career & Job Readiness	Health & Wellness	ESOL
THURSDAY			Health & Wellness



Monday - Thursday

Zoom

Meeting ID: 815 157 8441

Passcode: 760960

#### **Youth & Teen Education Updates**

Written by Tiffani Grier

and Space Discovery.

As we enter December, Community Services Foundation's (CSF) Learning Lab continues to thrive, providing impactful academic enrichment and project-based learning opportunities Monday through Thursday.

This fall, we've expanded our reach by including middle school students, whose participation and enthusiasm for S.T.E.A.M. (Science, Technology, Engineering, Arts, and Mathematics) projects have grown each week. These hands-on activities have fostered creativity, teamwork, and critical thinking skills across all grade levels, while our Targeted Instruction and Curriculum Team supports individual growth through tailored IXL assignments, certified teacher-led homework help, and innovative weekly themes like Artistic Creations, Environmental Science,

November brought inspiring milestones, including our Vibrant Voices Hispanic Heritage Month celebration, where students shared cultural insights through presentations and crafts, and the continuation of Native American Heritage Month studies, which will culminate in a celebration honoring Native contributions during the first week of December.





Learning Lab Microsoft Teams Meeting ID: 217 270 189 626

> Passcode: uc8kow



Learning Lab focused on Showing Gratitude and Native American History Month in November



#### **Parent Meeting**

Come hear about updates to our programming, activities, and nutritional health tips that every family can enjoy. It's virtual and only lasts 30 minutes.

You can also win a prize for attending!

Our next meeting is Wednesday December 18



**Parent** Meeting **Microsoft Teams** Meeting ID: 213 292 635 294 Passcode: Rt7HJ6P4

at 6:15 PM.

#### **Health & Wellness**

Written by Janel Patrice, BS, MA

The Month of December is identified as the most difficult time of the year for mental health challenges. December is also designated as "Seasonal Affective Disorder" Awareness Month. Reduced daylight and cold weather impacts moods and well-being.

This month is inclusive of the holidays, and the loss of family members and friends, can be overwhelming emotionally. For many people,



the holidays lead to a massive disruption in day-to-day routines. But maintaining healthy habits like talking with friends, family, and even being open to therapy, getting proper sleep, and exercising, are critical to keeping your mental health on track. The following are things you can do:

- Accept Your
   Feelings
- 2. Maintain

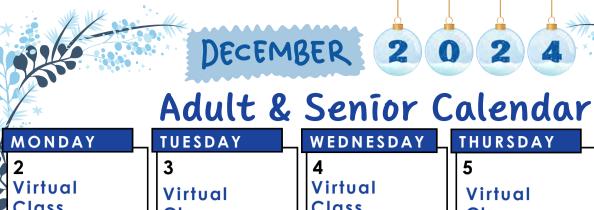
  Healthy Habits
- 3. Set Boundaries
- 4. Make Time to Connect

Enjoy the Holidays! Connect with a friend! Stay in prayer and in peace!

Happy Holidays from the Mental Health Support Staff at Community Services Foundation







#### Class Learning 10 AM-12 PM, 7-8 PM

Class Learning 7-8 PM

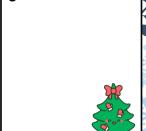


11

18

Class Learning 10 AM-12 PM. 7-8 PM

Class Learning 7-8 PM



FRIDAY

Virtual Class Learnina 10 AM-12 PM. 7-8 PM

10 Virtual Class Learnina 7-8 PM



Virtual Class Learning 10 AM-12 PM. 7-8 PM

12 Virtual Class Learnina 7-8 PM

13

16 Virtual Class Learning 10 AM-12 PM. 7-8 PM

17 Virtual Class Learning 7-8 PM



Virtual Class Learning 10 AM-12 PM. 7-8 PM

19 Virtual Class Learning 7-8 PM

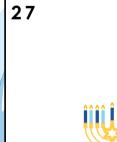
20

23 Virtual Class Learning 10 AM-12 PM. 7-8 PM

24 NO **CLASSES** 



26 Virtual Class Learning 7-8 PM



30 Virtual Class Learning 10 AM-12 PM. 7-8 PM









## We're coming to your neighborhood!

We have exciting activities for the whole community to enjoy for FREE!

Virtual **Adult & Senior** Classes



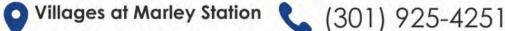
Community Support Resources



Call to register now!

We need your input about community offerings, please scan & fill out the survey to make your voice heard!







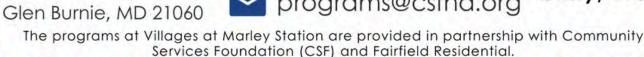




programs@csfnd.org

bit.ly/41o27nG









## ¡Vamos a tu barrio!

¡Tenemos actividades emocionantes para que toda la comunidad disfrute GRATIS!

Clases virtuales para adultos y personas mayores





extracurrricular y de verano para jóvenes

iLlama para registrarte ahora!

Apoyo y recursos de comunidad



Necesitamos su opinión sobre las ofertas de la comunidad, iescanee y complete la encuesta para que se escuche su voz!



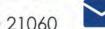
Villages at Marley Station



(301) 925-4251



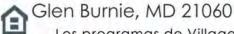
7807 Winborne Drive



programs@csfnd.org















# Adult & Senior Education Schedule

	10 - 11 A.M	11 A.M 12 P.M.	7-8 P.M.
MONDAY	Financial Literacy	Health & Wellness	ESOL
TUESDAY			Health & Wellness
WEDNESDAY	Career & Job Readiness	Health & Wellness	ESOL
THURSDAY			Health & Wellness



Monday - Friday Zoom

Meeting ID: 815 157 8441

Passcode: 760960



Contact us if you need information: programs@csfnd.org 📞 (301) 925-4251











# Programa de Educación para Adultos y Personas Mayores

	10 - 11 A.M	11 A.M 12 P.M.	7-8 P.M.
LUNES	Educación financiera	Salud y bienestar	ESOL
MARTES			Salud y bienestar
MIÉRCOLES	Preparación profesional y laboral	Salud y bienestar	ESOL
JUEVES			Salud y bienestar



Lunes a Jueves Zoom

ID de reunión: 815 157 8441

Código de acceso: 760960



Contáctanos si necesitas información:

